

Training Level Freestyle Rules

The USDF has score sheets for musical freestyles from the First Level and up. In an effort to promote the art of riding to music, the following Training Level Freestyle scoring system has been adopted.

Technical Execution

Time Max: 5 minutes

Half Points allowed for judge's final marks

Compulsory Movements	Possible Points	Co-Efficient
•Trot to Medium Walk transitions	10	
•Free Walk	10	
•20m circle Trot*	10	
•20m circle Canter*	10	
•Halt, Salute	10	
•Gaits (freedom and regularity)	10	
•Impulsion	10	2
•Submission	10	2
•Rider's position and seat (effect of the aids)	10	2
•General impression of overall	10	2
•Technical quality: transitions; execution (including non-required movements and figures)		

*Movement *must* be shown in both directions

Artistic Impression

	Possible Points	Co-Efficient
•Rhythm, energy and elasticity	10	2
•Harmony between horse and rider	10	2
•Choreography, use of arena, inventiveness, design cohesiveness, balance, ingenuity and creativity	10	4
•Degree of difficulty	10	1
•Choice of music and interpretation of music	10	5